

STARTING AUGUST 17

Class Name:	AGE & SKILL REQUIREMENT:	Class Duration:	Monthly Price:	M	T	W	TH	F	S
WHITE Ribbon	5+	60 minutes	\$105	4:00p 5:00p 6:00p	9:00a 4:00p 5:00p 6:00p	4:00p 5:00p 6:00p	4:00p 5:00p 6:00p	4:00p	10:00a 11:00a
RED Ribbon	Invite Only!	60 minutes	\$105	4:00p 6:00p 7:00p	4:00p 5:00p 6:00p 7:00p	4:00p 5:00p 6:00p	4:00p 5:00p 6:00p	5:00p 6:00p	11:00a
BLUE Ribbon	Invite Only!	60 minutes	\$105	4:00p 6:00p 7:00p	4:00p 5:00p 7:00p	5:00p 6:00p 7:00p	4:00p 5:00p 6:00p	5:00p	12:00p
BRONZE Medal	Invite Only!	120 minutes	\$185	6:00p	5:00p	5:00p	4:00p 6:00p	4:00p	
SILVER Medal	Invite Only!	120 minutes	\$185	5:00p	4:00p	5:00p 6:00p	4:00p		

GIRLS

CLASS SCHEDULE

GIRLS AGES: 5+

OUR GIRLS PROGRAM is designed to introduce your child to the love of gymnastics! In this program, they begin training on vault, bars, beam, floor and trampolines! Our beginning level is called White Ribbon - and as gymnasts pass off skills they will be invited to move onto Red Ribbon, Blue Ribbon, Bronze Medal, and Silver Medal.

