

# JANUARY-MAY 2026

Class Name:	Class Duration:	Age:	M	T	W	TH	F	S
BEG. BOYS	60 minutes	5+	4:00p 5:00p	5:00p		4:00p		10:00a
INT. BOYS	60 minutes	Invite Only!			7:00p			

## BOYS

### CLASS SCHEDULE

BOYS AGES: 5+

Our boys' program is geared toward those who are interested in learning the basics in men's gymnastics. They will learn skills on vault, parallel bars, rings, floor, and pommel. We offer beginning and intermediate recreational classes!

SALT LAKE TWISTERS GYMNASTICS