

JANUARY-MAY 2026

Class Name:	Class Duration:	Monthly Price:	M	T	W	TH	F	S
BEG. TUMBLING	60 minutes	8+	5:00p	7:00p	4:00p 7:00p	6:00p		12:00p
INT. TUMBLING	60 minutes	Invite Only!	5:00p		5:00p			
ADV. TUMBLING	60 minutes	Invite Only!		5:30p		5:30p		
CHEER TUMBLING	60 minutes	6+	6:00p					12:00p
TRAMP + AIR AWARENESS	60 minutes	6+		7:00p	6:00p			

TUMBLING

CLASS SCHEDULE

BOYS & GIRLS AGES: 8+

Our tumbling program is geared towards students that would like to learn to tumble and/or learn to use more of the trampoline. This program is also great for those that would like to supplement their gymnastics with more tumbling skills.

Tumbling classes are co-ed.

SALT LAKE TWISTERS GYMNASTICS